#### Information For the Use

Paracetamol I.P. 250mg + Phenylephrine Hydrochloride I.P. 5mg + Cetrizine Hydrochloride I.P. 2.5mg + Sodium Citrate I.P. 25mg + Dextromethorphan Hydrobromide I.P. 5mg + Menthol I.P. 1mg

# **Coldstave N Flu Suspension**

## Paracetamol, Phenylephrine, Cetirizine, Sodium Citrate, Dextromethorphan, and Menthol Suspension

# **Relief from Cold, Cough, and Fever in One Formula**

This suspension is a comprehensive solution for managing symptoms associated with colds, flu, and upper respiratory tract infections. The carefully balanced combination of ingredients ensures effective relief from fever, nasal congestion, cough, and allergic symptoms while soothing the throat.

# Key Ingredients & Their Benefits

- 1. Paracetamol I.P. (250 mg)
  - Reduces fever and provides relief from body aches and headaches associated with colds and flu.
- 2. Phenylephrine Hydrochloride I.P. (5 mg)
  - A decongestant that reduces nasal and sinus congestion, helping you breathe more easily.

#### 3. Cetirizine Hydrochloride I.P. (2.5 mg)

 An antihistamine that alleviates sneezing, runny nose, and watery eyes caused by allergies or colds.

#### 4. Sodium Citrate I.P. (25 mg)

- Acts as a mucolytic to loosen mucus, making it easier to expel phlegm and clearing the airways.
- 5. Dextromethorphan Hydrobromide I.P. (5 mg)
  - A cough suppressant that provides relief from dry, irritating coughs by reducing the cough reflex.

#### 6. Menthol I.P. (1 mg)

• Soothes the throat, provides a cooling sensation, and reduces throat irritation.

## **Key Benefits**

- All-in-One Relief: Effectively targets multiple symptoms of colds, flu, and upper respiratory infections.
- **Fast-Acting**: Provides quick relief from fever, congestion, and cough.
- Non-Sedative Formula: Ensures relief without excessive drowsiness (unless specifically recommended for bedtime use).
- **Throat Soothing**: Menthol calms irritation and provides a refreshing sensation.

# **Dosage & Administration**

- Children (2-6 years): As directed by a healthcare professional.
- Children (6-12 years): 5 ml (1 teaspoon) 2-3 times a day or as prescribed.
- Adults & Adolescents: 10 ml (2 teaspoons) 2-3 times a day or as prescribed.
- Shake well before use.

# Precautions

- Do not exceed the recommended dosage.
- Consult a healthcare provider before use if you are pregnant, nursing, or taking other medications.
- Not recommended for children under 2 years without medical advice.
- Store in a cool, dry place away from direct sunlight.

# **Side Effects**

- Mild drowsiness (due to Cetirizine).
- Nausea or upset stomach in rare cases.
- Allergic reactions (rash, itching) discontinue use and consult a doctor if these occur.

# **Additional Information**

- **Packaging**: Available in 60ml and 100ml bottles with a measuring cup.
- **Shelf Life**: Best before 24 months from the date of manufacture.

For effective relief from multiple symptoms of colds and flu, trust this all-in-one suspension to help you or your child feel better faster.

Manufactured in India for:



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